

Weekly Discipleship Plan (Week of August 23-29, 2026)

Catechism Question: (4/6)

The Children's Catechism

Q. 39. What is a change of heart called?

A. Regeneration.

Q. 40. Who can change a sinner's heart?

A. The Holy Spirit alone.

The Shorter Catechism

Q. 48. What are we especially taught by these words, "before me," in the first commandment?

A. These words, "before me," in the first commandment teach us that God, who sees all things, takes notice of and is very displeased with the sin of having any other god.

Scripture Memory

Psa. 139:1 O LORD, you have searched me and known me! 2 You know when I sit down and when I rise up; you discern my thoughts from afar 6 Such knowledge is too wonderful for me; it is high; I cannot attain it. 7 Where shall I go from your Spirit? Or where shall I flee from your presence? 12 Even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you. 13 You formed my inward parts; you knitted me together in my mother's womb. 14 I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.

DAILY DEVOTIONS

Day 1 (Sunday Aug 23)

Reading: Prov 17 – 18

Questions:

- What does the "Lord tests hearts" mean?(17:3) Why is the illustration of the furnace used?
- Discuss 17:10
- What verse(s) in ch. 18 stand out to you?

Prayer for: Col 1:9 - To be filled with a knowledge of God's will, and obey Him in spiritual wisdom and understanding.

Day 2 - Monday

Reading: Prov 19-20

Questions:

- Discuss 19:1.
- What is said about the "fear of the Lord" in ch. 19?
- Discuss 20:1

Prayer for: Prov 3: 5-6 – To trust in God with all our heart, and not rely on our understanding, alone.

Day 3 - Tuesday

Reading: Prov 21 - 23

Questions:

- Discuss 21:2
- What is said about “the fear of the Lord” in ch. 22 & 23?
- Does 23: 13 – 14 permit child abuse? If not, what is it saying?

Prayer for: John 4:24 That God help us worship Him in spirit and truth,

Day 4 - Wednesday

Reading: Prov 24 - 25

Questions:

- What does ch. 24 say about our attitude toward “evil men” and “evildoers”?
- What is “partiality in judging” (24:23)?
- Compare Prov 25:2 with Prov 10:12 and I Pet 4:8? Why are the “rules” different for kings?

Prayer for: To gain a deeper understanding of what it means to be “in Christ.”

Day 5 - Thursday

Reading: Prov 26 - 27

Questions:

- Are 26: 4 & 5 contradictory? What do they mean?
- In 26: 28, how does lying tongue have “victims?” (At least 2 possible ways.)
- Discuss 27:1 and also 27:2

Prayer for: Matt 6 – For God not to send us testing – that He deliver us from evil and the Evil One

Day 6 - Friday

Reading: Prov 28 - 29

Questions:

- Discuss 28:2 as it relates to Israel’s history after king Solomon
- Discuss 28:13
- Discuss 29:25

Prayer for: Col 1:18 – For Christ to have His place of pre-eminence in everything.

Day 7 - Saturday

Reading: Prov 30 – 31

Questions:

- Who are the authors of ch. 30 & 31.?
- What does Prov 31 say about the excellent woman / wife?
- What is/are your overall impression(s) of the book of Proverbs?

Prayer for: Heb 13:21 – For God to equip us with all that is needed to do His will